

VI PEEL

PRE CARE

For appointment wear a headband to pull hair back & a low cut shirt (for neck application)

Retinol up to the day of the peel but stop Rx strength

Retin-A 48 hrs - 5 days prior to application

POST CARE

For raw/irritated areas use Curad Germ Shield Silver Wound Gel. 7-10 days post ONLY use: VI aftercare kit, aquaphor, Neocutis Aftercare, emu oil, and or Epionce Post Treatment Kit, as per your provider; or what your provider recommends. Post peel protectant may sting when initially applied, but should resolve shortly; use throughout the day for itching or burning. If you hate it, throw it away. Gentle cleanser sparingly. Use **cool** water. Avoid strenuous exercise 3 days; will increase your body temp & could cause your face to blister from heat.

DO NOT PICK SKIN. Rolling the skin off in the shower, rubbing, and over washing at the sink is the same as picking the skin off prematurely and can result in hyper/hypo pigmentation. Day 3-5 are typically the heaviest peeling. Body parts – chest, arms, and back can take 7 days to start peeling and often only flake. **Tox and can be done the same day to achieve a great result. Highly recommended. GLOWTOX!** No lash extensions 7-10 days post peel. Adhesives can cause irritation and swelling. Avoid excessive sun duration of the peel (7 days); wear the spf 50 sunscreen and a hat if you will be exposed to the sun at any point during the peel. No perfumes 7-10 days. Alcohol in products may irritate. Any head coverings should be clean before use or not used to avoid Bacteria introduction. First hour of the peel, minimize masking. During peeling may experience extra peeling or irritation in mask area. Change mask frequently during process.

Purging/Break Outs: Purging is a normal side effect of the peel; extent varies and resolves 10-14 days post peel. Surface breakouts dry out, while deep acne surfaces.

Pigment: Designed to lift pigment and lighten skin. Pigment comes from the Papillary Dermis and can worsen before improving; thus the need to do peels in a series. Pigment darker at days 4-10 days may occur. Stubborn heavy pigment requires specific at-home maintenance, as prescribed by your provider at Youveau.

28-day Skin Cycle is for the average, middle-aged adult. Experts agree that patients tend to shed/peel significantly the closer their cell cycle is to the stratum corneum with a chemical peel. When their cell cycle is back at the stratum basale, patients may see little to no shedding. Even with little to no peeling, VI Peel penetrates to the papillary dermis thereby stimulating new skin growth and collagen. Thus it will improve surface texture and appearance with more evenly distributed melanin. Please message Youveau @ (717) 417-4470 if you have any concerns or questions.