

PRP FACIAL/FACELIFT

PRE CARE

1. Avoid sun for a minimum of 24 hours before and after the treatment; preferably 1 week. Treatment within 24 hours of prolonged sun exposure (natural sunlight, artificial tanning booth, or sunless tanning products) may result in hypopigmentation (white spots) or hyperpigmentation (dark spots) that may not clear for several months or may even be permanent. 2. Discontinue Accutane at least 6 months prior to treatment and discontinue use during treatment course. 3. No: Chemical Peel for 2 weeks prior and after treatment, Retin-A, Renova, and Tazorac 1 week prior to or after treatment, Waxing and/or use of chemical depilatories 2 weeks prior and after the treatment. 4. Shaving allowed before treatment and 48-72 hours after treatment provided there is no skin irritation. 7. Notify provider of tattoos, including cosmetic tattooing and microblading, as tattoos must be avoided. 8. With history of cold sores, we may recommend prophylactic antiviral therapy in the form of Valtrex® or Aycyclovir. If so, contact your primary care provider and follow the directions for your prescription. 9. During the course of your treatments, notify our staff of any changes to your medical history, health status, or personal activities that may be relevant to your treatment.

Contraindications Pregnant or Breastfeeding.

PRP FACIAL/FACELIFT POST CARE



- Products with parabens, petroleum, mineral oil, silicone, cetyl alcohol, fragrance, alpha hydroxy acids, beta hydroxy acids, retinol (vitamin A), vitamin C or anything perceived as 'active' skin care.
- Exercise that causes sweating, Jacuzzi, sauna, or steam baths if any skin irritation exists (first 24 hours)
- Swimming for 24 hrs

1-3 days A sunburn-like effect. Skin may feel tight, dry, swollen, and sensitive. May appear darker and darkened skin may flake off within 1 week. Avoid picking or exfoliating the area and allow skin to flake off naturally. Resume exfoliating after one week. If sent home with PRP, apply directly to skin evening of procedure. Morning after: Wash with gentle cleanser or water. Apply Neocutis After Care or Biofirm or what provider prescribes, as needed for the next 24 hours. 24-72 hours post-treatment - mineral makeup can be applied. 48-72 hours post-treatment - return to regular skin care regimen. Retinol products are strongly suggested for optimal results. Minimize Sun exposure 24 hours after your treatment, preferably 1-2 weeks. In sun, use a protective hat and a full spectrum sun block of SPF 30 or higher. Neocutis and Epionce full regimens and SPF products available. Sweating can be harmful due to bacterial that may cause infections and adverse outcomes. May take Tylenol or use ice packs for discomfort. Sleep on your back with your head elevated slightly to reduce swelling. Watch blood draw area for unusual swelling or signs of infection; contact us immediately if you have any concerns. For best results and efficacy, we recommend a series of 5-8 treatments administered at 4-6 week intervals (Vampire facials 3 initial treatments). You may notice immediate as well as longer term improvements in your skin. Once results achieved, maintaining every 4-6 months is optimal.